

# **SURVIVING** THE **HOLIDAYS**

**The holidays can be difficult after the loss  
of a loved one, but there is hope .....**

**Seminar ~ Surviving the holidays  
Saturday, November 10th  
10:30 am to noon  
Sponsored by Good Shepherd UMC  
Rev. Linda Truitt  
Cost \$5  
REGISTER by calling 405-324-1900  
OR  
email [Linda@umcgs.org](mailto:Linda@umcgs.org)**

**LOCATION  
Mustang Community Center**



[www.griefshare.org/holidays](http://www.griefshare.org/holidays)

